



Make an appointment? Walk In? What should I do?

Scheduling an appointment is easy and fast. We're here to take care of you in sickness and in health.



EMERGENCY

Call 911 or Go to the Nearest Hospital



You have a **life-or-health-threatening medical or psychiatric condition** that requires **immediate** medical attention.

Examples:

- Chest pain or pressure that radiates to the arm, neck, shoulder, back, or wrist
- Sudden severe abdominal pain
- Severe shortness of breath
- Sudden loss of consciousness, inability to talk or move part of your body
- Severe, persistent bleeding
- Major injuries like gunshot or stab wounds
- Major injuries from a vehicle or other accident



URGENT

Call Student Health Services (SHS) for a same-day appointment at 951-827-3031.

You can also walk in and be seen by the triage nurse, who will determine whether treatment or a future appointment is appropriate.



You have an illness or injury that **requires prompt medical attention**, but is NOT life threatening.

Examples:

- Fever
- Cough or sore throat
- Minor injuries
- Ear aches or back aches
- Frequent urination or burning sensation when urinating
- New or worsening symptoms



NON-URGENT

Call SHS for an appointment at 951-827-3031, or schedule one online at chonline.ucr.edu



You have a **new concern or change in an existing health condition** OR if you have health care needs or **preventive screenings** you know about in advance.

Examples:

- Trouble sleeping
- General digestion problems
- Gradual skin changes
- Joint stiffness
- Unplanned weight loss or gain
- Ongoing anxiety
- Physical exams
- Pre-travel exams
- Pap tests
- Medication checkups
- Follow-up visits
- Sexually transmitted infection screenings